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## Inspired while self-isolating: Marc Lorenz

With Covid-19 lockdowns worldwide and health authorities urging people to self-isolate and practice social distancing on a massive scale as part of an enormous effort to #FlattenTheCurve of this global pandemic ... we are reaching out to industry friends, colleagues, associates, partners, etc., and asking them to share their #StayAtHome and #QuarantineAndChill activities with us during this extraordinary time.

Marc is a well-known lighting designer, lighting director and programmer working mostly in the touring and event sectors, where his friendly and affable personality is very much liked! He also works as a trainer on the HOG4 range of lighting consoles.

Robe: Where are you right now?

Marc: Home in Munich, Germany with my family.

Robe: What are you doing to fill the time whilst isolating / on lockdown?

Marc: Home-schooling my 10-year-old daughter and also doing some tutorial videos and webinars.

And ... A LOT of cooking, so hopefully I won't gain too much weight :)

Robe: What's the most creative thing you're able to do in isolation?

Marc: Creativity is something without limits, that's the good thing about it - so there is not much change.

But I have started to create playlists for friends, as music is always a good way to treat cabin fever!

Robe: Are you looking after anyone else during the Covid-19 crisis?

Marc: As I said - my family - so in this case my wife and daughter. Plus regular calls with my parents who don't live in Munich.

Robe: Has anyone inspired you since this started?

Marc: Oh yeah, a friend of mine started a petition about universal basic income and received a massive response – over 400,000 signed it in the first few days. And of course some big players in our industry, companies like MagicFx making hand-sanitizer, or ETC building facemasks.

But also on a smaller scale as well ... a good colleague of mine is 3D printing parts for the local first responders – the ambulance service and firefighters.

Robe: Favourite book / movie / Netflix series / viral video

Marc: I have just finished watching LUCIFER – based around Lucifer Morningstar (played by Tom Ellis) – the Devil who abandons Hell for Los Angeles where he runs his own nightclub and becomes a consultant to the LAPD.

I really liked it and am eagerly awaiting the next season.

Robe: What's the first thing you'd like to do when we are through this?

Marc: Have a drink with the people I could not meet for a very long time.

Robe: Own question / answer / message of solidarity or something you'd like to say?

Marc: I really hope for a change, which all proves how easy it is to assist others generally ... like going shopping for older and less mobile people, etc.

Also I hope our way of working can change, offering more options to combine family and work in an essential work / life balance.

And most importantly ... that all these jobs in health, social and community care, etc are way more important than investment bankers etc., and should get paid way better than what they are now!

