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## A Heads Up with Vincent Kleenworth

With Covid-19 lockdowns worldwide and health authorities urging people to self-isolate and practice social distancing on a massive scale as part of an enormous effort to #FlattenTheCurve of this global pandemic ... we are reaching out to industry friends, colleagues, associates, partners, etc., and asking them to share their #StayAtHome and #QuarantineAndChill activities with us during this extraordinary time.

Vincent works for event services specialist arentis Veranstaltungstechnik GmbH and is responsible for creating and implementing lighting designs. In addition to his speciality area of concerts and touring, he is also involved with arentis this year for some smaller events and corporates as well as the coordination and development of conferencing technology.

Robe: Where are you right now?

Vincent: I spend most of my time at home in Hamburg. Apart from that, I regularly visit my family.

Robe: What are you doing to fill the time whilst isolating / on lockdown?

Vincent: A lot of self-development and also training for our apprentices. Apart from that I do sports and relax.

Robe: What's the most creative thing you're able to do in isolation?

Vincent: I've created many new designs over the years but by far the most creative thing I've now set up is my SmartHome ... so I can control it with Voice Commands from my grandMA2!

Robe: Are you looking after anyone else during the Covid-19 crisis?

Vincent: At the beginning of the whole crisis, I supplied my parents with food, because they did not want to leave the house.

Robe: Has anyone inspired you since this started?

Vincent: Many people and groups, for example the unity we all felt between the different companies in Hamburg during the Night of Light event.

I am also inspired by my father, who always shows that there is a solution for every problem!

Robe: Favourite book / movie / Netflix series / viral video

Vincent: My current favourite novel is: "And this damn life just goes on" by Hansjörg Nessensohn. I will definitely read it a third time!

Robe: What's the first thing you'd like to do when we are through it?

Vincent: Have a barbecue with my friends and colleagues and drink a beer or two. Just the things that are missing, which were otherwise so obvious!

Robe: Own question / answer / message of solidarity or something you'd like to say?

Vincent: What I have learned especially during this time is: Be grateful for the little things in life, no matter how natural they seem. And most of all, no matter what reason you do it for, it's totally okay to take some time off and concentrate on yourself.

